



August 2021  
Your Monthly Edition

# The Practice Resource

For Physicians and Practice Managers



**We Want You to Know** | Information and Services



## Metformin-frailty study seeks volunteers with prediabetes

By: UT Health San Antonio



Thousands of South Texans take metformin daily to treat their type 2 diabetes and thousands more take it because they are at risk for the disease. Because of the way metformin works, researchers with the University of Texas Health Science Center at San Antonio's (also known as UT Health San Antonio) Barshop Institute for Aging and Longevity Studies want to learn whether the medication might offer other health benefits in older adults and merit broader use.

[Full Details](#)

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## Handling Practice Startup Expenses for Tax Purposes

A new medical practice may incur a variety of pre-opening costs. Under the Internal Revenue Code, different rules apply to different types of costs, and special tax return elections may be necessary to get the best treatment for your practice's expenditures. [This article explains the details.](#)

Full Article



## SWBC Mortgage – What Are the Best Down Payment Strategies when Purchasing a Property?

You've finally prepared to buy a property, and have enough saved for 20 percent down payment. But did you know you can possibly qualify for a mortgage with just 10 percent down, and still avoid paying Private Mortgage Insurance (PMI)? In this brief video, Senior Loan Officer Jon Tober of SWBC Mortgage, explains the different down payment scenarios to consider when purchasing a property, and how to determine the best funding options given your specific financial situation.

Video



## How Social Determinants of Health Impact Wellness Programs

by Roxanne Leal  
July 01, 2020

There are many factors that affect our health. We know that eating well, exercising, and seeing a doctor when we are sick are simple steps that we can take to keep ourselves healthy, but our health is also affected by access to social and economic opportunities.

Full Article

# REAL ESTATE |



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4334 N Loop 1604 W. Suite 200. San Antonio. TX. 78249

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